

EFA™ is a nutritional supplement designed to supply a concentrated source of omega-3, omega-6 and omega-9 fatty acids derived from seed-oils.\*\*

<b>Supplement Facts</b>		
Serving Size 1 capsule		
Servings per container 90		
	Amount Per Serving	% Daily Value
Each capsule (1000mg) provides:		
Omega-3 Fatty Acids	380mg	+
Omega-6 Fatty Acids	280mg	+
Omega-9 Fatty Acids	235mg	+
+ Daily Value not established		

**E.F.A.™ Capsules**

**Foundation Formula**



**Plant-Derived  
Essential Fatty Acids  
Dietary Supplement**

**90 Capsules ~ 1000 mg each**

**Ingredients:** Natural Phytonutrient Extracts and Concentrates of Flax Seed Oil, Evening Primrose Oil, Canola Oil, Black Currant Oil, and Pumpkin Seed Oil.

**Suggested Dosage:** One to two capsules twice daily with meals. For best results, E.F.A. capsules should be used as a part of the Wysong Optimal Health Program™.\*

For long-term usage discontinue two days out of every week and five successive days every month to decrease intolerance potential.

- CONTAINS NO ADDITIVES -

E.F.A. capsules are provided in pure capsule form to eliminate the need for binders, excipients, coatings, or other unnecessary and potentially harmful additives. Store in a cool dry place or refrigerate. Please recycle the bottle.

\*Request literature. \*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**WYSONG CORPORATION**  
7550 Eastman Avenue  
Midland, MI 48642  
(989) 631-0009  
www.wysong.net  
wysong@wysong.net




Essential fatty acids are extremely fragile once extracted from their natural source. Light, heat and air are all enemies of these fragile nutrients. Thus, Wysong E.F.A.™ Oil is carefully prepared through gentle processing methods (the flax seed oil, for example, is cold extracted) and then packaged in light-impervious nitrogen-flushed (oxygen excluded) bottles. Additionally, a special natural Wysong antioxidant made from herbs, enzymes, and vitamin E epimers helps stabilize the fatty acids against oxidation.

<b>Supplement Facts</b>		
Serving Size 1 tsp (5 g)		
Servings about 48		
Calories 40	Fat Cal 40	
		% Daily Value*
<b>Total Fat</b> 14 g		22%
Trans Fat 0 g		
<b>Cholesterol</b> 0 mg		0%
<b>Sodium</b> 0 mg		0%
<b>Total Carbohydrate</b> 0g		0%
<b>Protein</b> 0g		
* Percent Daily Values are based on a 2000 calorie diet.		

**E.F.A.™ Without Fish Oil**

**Foundation Formula**



Made in USA

**Plant-Derived**

**Essential Fatty Acids**

**Dietary Supplement Containing  
Natural Omega-3, -6 and -9 Fatty Acids**

Keep the bottle closed and in a cool dark place.

Net Wt 8 fl. oz. (237 ml)

**Ingredients:** Cold-Processed Flax Seed Oil, Pumpkin Seed Oil, Perilla Oil, Rice Bran Oil, and Borage Oil. Stabilized with Wysong Oxherphol™.

Contains all natural ingredients.

**Directions:** 1/2 to 1 tsp. two to three times daily with meals. May be mixed with food or drink that is not heated beyond body temperature. Be sure to keep bottle tightly sealed in a cool dark place. Please recycle the bottle.

Wysong E.F.A.™ Oil is meant to complement a diet and lifestyle including fresh natural foods, daily fresh air and sunshine, pure water, exercise, weight control and moderation.

For further information on essential fatty acids as they pertain to health and disease, request Wysong Nutritious Oils Monograph.

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Essential fatty acids are extremely fragile once extracted from their natural source. Light, heat and air are all enemies of these fragile nutrients. Thus, Wysong E.F.A. With Fish Oil™ is carefully prepared through gentle processing methods (the flax seed oil, for example, is cold extracted) and then packaged in light-impervious, nitrogen-flushed (oxygen excluded) bottles. Additionally, a special natural Wysong antioxidant made from herbs, enzymes, and vitamin E epimers helps stabilize the fatty acids against oxidation.

<b>Supplement Facts</b>		
Serving Size 1 tsp (5 g)		
Servings about 48		
Calories 40	Fat Cal 40	
		% Daily Value*
<b>Total Fat</b> 14 g		22%
Trans Fat 0 g		
<b>Cholesterol</b> 8 mg		3%
<b>Sodium</b> 0 mg		0%
<b>Total Carbohydrate</b> 0g		0%
<b>Protein</b> 0g		
* Percent Daily Values are based on a 2000 calorie diet.		

**E.F.A.™ With Fish Oil™**

**Foundation Formula**



Made in USA

**With Fish Oil™**

**Essential Fatty Acids**

**Dietary Supplement Containing  
Natural Omega-3, -6 and -9 Fatty Acids**

Keep bottle closed and in a cool dark place.

Net Wt 8 fl. oz. (237 ml)

**Ingredients:** Cold-Processed Fish Oil, Pumpkin Seed Oil, Cold-Processed Flax Seed Oil, Perilla Oil, Rice Bran Oil, and Borage Oil. Stabilized with Wysong Oxherphol™.

Contains all natural ingredients.

**Directions:** 1/2 to 1 tsp. two to three times daily with meals. May be mixed with food or drink that is not heated beyond body temperature. Be sure to keep bottle tightly sealed in a cool dark place. Please recycle the bottle.

Wysong E.F.A. With Fish Oil™ is meant to complement a diet and lifestyle including fresh natural foods, daily fresh air and sunshine, pure water, exercise, weight control and moderation.

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